

# **Jordan Jaguars**



**2019-2020**

## **Team Handbook & Parent Information**

## **Jordan Girls Basketball**

Welcome to the 2019-2020 Jordan Jaguars Basketball season! The purpose of this packet is to provide parents and players with the guidelines and expectations of the Jordan Girls Basketball program. Thank you in advance for reading the following information and for your support of our program.

### **Coaching Staff**

#### **Leah Aamlid - Varsity Head Coach**

This season will be Coach Aamlid's first season as the Varsity head coach. Prior to this, Coach Aamlid was the Jaguar Varsity assistant coach for two seasons, and she has also coached basketball and volleyball in the Minnetonka and Brookings, SD school districts. Coach Aamlid also played basketball at South Dakota State University for four years.

Coach Aamlid teaches Kindergarten at Jordan Elementary School. Her hobbies include being with friends and family, working out, reading, and watching sporting events. Coach Aamlid and her husband Erik are the parents of a daughter, Rory, and a son, JP.

#### *Coach Aamlid's Purpose Statement:*

*"I coach to build positive relationships and to help females become confident individuals with grit and a sense of responsibility and selflessness to contribute to a greater good."*

#### **Kyle Johnson - B-Team Head Coach/Varsity Assistant**

This will be Coach Johnson's 6th year as the B-Team coach for the Jaguars. Coach Johnson also served as the head baseball coach in Jordan for 12 years. He also coached in our JBA program for 7 years.

Coach Johnson teaches 4th grade at Jordan Elementary School. He enjoys spending time with his family, hunting, fishing, being outdoors, and sports. Coach Johnson, and his wife Vicki, are the parents of three daughters, Paiton, Paige, and Makenna.

#### *Coach Johnson's Purpose Statement:*

*"My purpose for coaching is to build character in my players to make them lifelong learners. I want to instill a work ethic that they can take into life and apply to any situation. No matter how difficult the situation is knowing you have teammates and coaches who care for you. Together we can get through any situation on and off the court."*

**Wade Wittkop - Varsity Assistant**

This will be Coach Wittkop's first season as Varsity Assistant for the Jaguars. Coach Wittkop started his teaching and coaching career in Jordan (2003-2005). He has been coaching basketball, in some capacity, for nineteen years. Most recently, Coach Wittkop was a member of the Shakopee Boys' Basketball staff as a sophomore coach and varsity assistant for six seasons.

Coach Wittkop is a Developmental/Adaptive Physical Education teacher in the Shakopee School District. In his spare time, he enjoys hanging out with his family and being outdoors fishing or hunting. Coach Wittkop and his wife, Katie, are the parents of a daughter, Aubrey, and son, Owen.

**Coach Wittkop's Purpose Statement:**

*"I have a passion for coaching basketball because it allows me the opportunity to help student athletes work toward common goals, build relationships, and promote servant leadership both within our team and throughout the community."*

**Tim Bendzick - C-Team Head Coach/Varsity Assistant**

Coach Bendzick will be starting his 6th season as C-Team coach for the Jaguars. He has also coached youth basketball at various levels for 23 years. Coach Bendzick also serves as the Executive Director of the Jordan Basketball Association.

Coach Bendzick is the Vice President of Engineering & Technology at Nu-Star, Inc. in Shakopee. One of his favorite hobbies is stand-up paddle boarding. He also enjoys Ninja Warrior, and disc golf. Coach Bendzick, and his wife Susie, are the parents of a son, Austin, and a daughter, Sidney.

**Coach Bendzick's Purpose Statement:**

*"I coach to help young athletes develop character while showing commitment to the team and having a strong work ethic."*

## **Commitment from the Coaches**

As coaches, we will show our commitment by building positive relationships with our players, by taking an interest in their lives outside of basketball, and will help our teams be organized and prepared for all games. We will do our best to help our players improve and grow as players and people. We will do this through the great sport of basketball.

Keep in mind that basketball is an imperfect game, played, coached, and officiated by imperfect people. Therefore, we ask that when we miss a layup, make a questionable play call, or blow an obvious call, we do our best to remain positive.

## **Jaguar Player Expectations**

***The following is expected from EVERY member of our team.***

- Always put the team before yourself.
- Always be on time.
- Always play hard and smart. This includes at practice. We practice the way we play.
- Sprint. We will always run the floor HARD. We will sprint to the bench during substitutions and timeouts. We will sprint to pick up a teammate or opponent on the ground. We will sprint to the locker room at halftime. We will sprint to get water breaks. We will sprint in between drills and to the back of lines in practice. This energy and level of urgency creates an enthusiasm that is contagious!
- Recognize your weaknesses and work to improve them.
- Our bench will be engaged at all times.
- Find value in 'team touches' and communication.
  - Break it down before water breaks.
  - Shake it up after drills.
  - Point and recognize a teammate who gives you a pass that leads to a basket.
  - Constantly communicate on offense and defense.
- Be present.
  - Sit together during ABC Jaguar games. Engage with one another and be inclusive.
  - On the bus, limit cell phone use and be present with teammates.
- Support and encourage your teammates.
- Commit to TOUGHNESS.
- Exhibit sportsmanship at all times.
- Be a positive role model on and off the court.
- Expect to win, but also ZOOM OUT.

## How Parents Can Help

As parents we greatly appreciate all you do for our basketball program. Here are ways that your efforts can contribute positively to the experiences of our players.

- Be a crowd builder. Invite people to our games. Bring people to road games.
- Host or provide a team meal.
- Be patient. Communicate. Support the decisions of the coaching staff.
- Positively support our program on social media. We will continually put our own messages, results, and other information on our twitter account.
  - @JagsGBB
- You are the most influential voice representing our program to the public. Please be good representatives of your daughters' efforts, and respectful of their commitment to the team.
- The way we encourage and support each other is special. We are proud of the fact that our players put the TEAM first. Many of the teams we play acknowledge this after playing against us or watching us play.
  - What does this look like as a parent?
    - Support your daughter's commitment and efforts. Support her investment in the process, and dedication to the team, rather than her basketball accomplishments.
    - Celebrate the efforts of all the players in our program.
    - Studies show that what players really want to hear from a parent is "I am proud of you."

## **Parent Questioning or Disagreement Process**

The coaching staff understands that there may be moments during a season when players and/or parents disagree with coaching decisions. Please know that the coaches think through every decision they make, and decisions are made with the team first. The coaches respect the fact that parents are looking out for their own child. If there comes a time when players and/or parents feel they need to talk to the coach about a concern, please respect the following process (listed below).

### **Step 1: Talk to your child and get all the information you can.**

- Try to look at the issue from the side of the coach and your child.
- Put yourself in the position of the coach who has a team of players to consider, not just one player.

### **Step 2: Have your child talk to the coach.**

- The issue should be discussed between player and coach. Most times the issue is resolved after this meeting.

### **Step 3: Talk to the coach.**

- Contact the coach and arrange a mutual time to talk. Any meeting with parents will also include the player.
- Coaches will not meet with a parent in front of the team or immediately following a practice or game. Take 24 hours.

### **Step 4: Meet with the Athletic Director.**

- Contact our athletic director to discuss your concern.



## **Chemical Violations - Jordan Activities Department**

### **Minnesota State High School League (MSHSL) Bylaw 205**

1. First Violation = 2 weeks or 2 contests, whichever is greater
  2. Second Violation = 3 weeks or 6 contests, whichever is greater
  3. Third Violation = 4 weeks or 12 contests, whichever is greater
- Denial Disqualification: If investigated and student denies violation and then plays in a game/match, later to be found guilty of violation, they will have an additional 9 week suspension on top of that confirmed violation.
  - The clock starts the date the violation is confirmed with the AD.
  - Practice/conditioning weeks at the beginning of the season do count.
  - Eligible to participate in Practices/Scrimmages/Jamborees during suspension
  - Student must attend all games/practices during suspension.
  - Must be registered in the activity on opening day, and finish the season on the team in order for the suspension to count.
  - Multiple violations are progressive, and cannot be served at the same time

### **Jordan Activities Department Policies**

- Disciplinary action is to be decided by the principal, activities director, and head coach in cases not covered by MSHSL rules.
- Some JHS discipline rules have more severe penalties than the MSHSL. In such cases, the more severe penalty shall prevail.
- If student is in National Honor Society, they will be terminated from group if found to be in violation of the chemical use policy.
- Upon confirmation of a first MSHSL violation, a captain will lose their captaincy for the current season or the next season.
- If a second MSHSL violation occurs, student will not be eligible for captaincy for remainder of high school career in any activity.
- Cannot be named Senior Male/Female Athlete of the Year

### **Minnesota River Conference Policies**

- Cannot be named to Academic All Conference Team

## **Transportation**

It is highly encouraged for all players to ride the bus to and from away games. With this said, we do know that there are circumstances that arise where players may need alternative transportation. If a player is riding home with a parent, the parent will need to sign out with a coach prior to leaving with their child. If a player is riding with anyone other than their parents, an additional form will need to be filled out by the parent prior to the event.

## **Communication**

### **Coach to Player and Families Communication**

- Email
  - Ensure that Coach Aamlid has all email addresses of families.
  - A weekly newsletter will be sent out highlighting upcoming events.
- Remind App
  - Coaches may send quick information pertaining to scheduling, updates, or reminders.
  - Join Our Group: @jagsgbb
- Text/Call
  - Players should text or call the appropriate coach to communicate attendance, if needed.
  - Coaches may send quick information pertaining to updates or reminders.
- Twitter: @JagsGBB
- Follow Girls Basketball on the school's activity calendar. You can find this on the school website. Sign up for notifications for any changes in game schedules, and reminders of upcoming events.



## **TEAM PLACEMENT**

### **A-Team (Varsity)**

- The varsity roster will be made up of the top players in our program regardless of grade.
- Roster is subject to change during the season. It is possible for players to be moved up to varsity during the season based on their ability and performance.
- It is possible for varsity players to be placed on the B-team for increased opportunities to play.

### **B-Team (JV)**

- The B-team roster will consist of the next best players after the varsity roster has been selected.
- Roster is subject to change during the season. It is possible for players to be moved from varsity and/or lower level teams to the B-team during the season based on ability and performance.

### **C-Team**

- Roster will be primarily made up of 9th graders.
- It is possible for players to be moved up from lower levels to the C-team based on ability and performance. It is also possible for players to move down from the B-team to the C-team during the season.

## **PLAYING TIME**

Every player has a strong desire to be on the court during game time. Having a strong desire for playing time is only one of the necessary qualities players need to receive playing time. There are many factors that help coaches determine playing time. Some of those factors are:

- Knowledge of what needs to be done on the court.
- Past game performances.
- Practice performances.
- Attitude.
- Effort.
- Individual talents of the players.
- The situation of the game and the specifics of the opponent.

At the high school levels playing time is not guaranteed for every player in every game. Players will play when in situations where they can help the team compete at its highest level. As with all team sports players will have a role on the team. Each and every player's role is important to the team. Sometimes those roles change throughout the season. Whatever the role of each player is we want our players to fulfill those roles to the best of their abilities.

## **PRACTICE ATTENDANCE RULES**

**Unexcused Absence** = No communication with the coach from a player or parent.

**Excused Absence** = Player or parent communicates with the coach ahead of time.

The coaches understand that emergency situations do come up from time to time, and it may be difficult to contact the coach ahead of time. If the player or parent absolutely cannot contact the coach ahead of time, please do so as soon as possible.

### **Unexcused Violations**

**1st Violation** = Player will play less, or not at all, in the next game.

**2nd Violation** = Player will be dismissed from the team.

The coaches reserve the right to reduce playing time of a player if a player has an excused miss from practice. Family obligations are also included in this. The coaching staff understands and respects the importance of family obligations. The coaches also want players to understand that the team counts on everyone being at practice.

### **COACHES CONTACT INFORMATION**

Varsity: Leah Aamlid

Cell Phone: 507-450-8263

Classroom Phone: 952-492-4304

Email: laamlid@isd717.org

B-Team: Kyle Johnson

Cell Phone: 612-270-6492

Classroom Phone: 952-492-4225

Email: kjohnson@isd717.org

Varsity Assistant: Wade Wittkop

Cell Phone: 612-760-2399

Email: wwittkop@shakopee.k12.mn.us

C-Team: Tim Bendzick

Cell Phone: 612-590-9624

Email: tbendzick@gmail.com

# What is a Jaguar?

## “ZOOM OUT”

(Our theme for the year.)

- What does this mean?
  - Jaguars will have the ability to “zoom out” and see the bigger picture. They will demonstrate what it takes to represent and play for something bigger than themselves. They will put the team first at all times, support one another, and represent our program, school, and community by being role models on and off the court.

## 2019-2020 ABC Game Schedule

Tuesday	November 26	Pine Island	Home	C 5:30 B 5:30 A 7:00
Tuesday	December 3	Sibley East	Home	C 4:30 B 6:00 A 7:15
Friday	December 6	TCU	Away	C 6:00
Saturday	December 7	TCU-MRC Showcase	Away (@ Mayer Lutheran)	B 10:00 A 12:00
Thursday	December 12	LSH	Home	C 4:30 B 6:00 A 7:30
Friday	December 13	Waseca	Away	C 6:00 B 6:00 A 7:30
Tuesday	December 17	Belle Plaine	Away	C 4:30 B 6:00 A 7:15
Friday	December 20	NYA	Home	C 6:00 B 6:00 A 7:15
Thursday	January 2	GSL	Home	C 5:30 B 4:00 A 5:30
Saturday	January 4	HLWW Tournament	Away	C TBD
Tuesday	January 7	CHOF	Away	B 5:30 A 7:00
Thursday	January 9	Mayer Lutheran	Away	C 4:30 B 6:00 A 7:15
Saturday	January 11	Providence	Away	B 11:00 A 1:00
Tuesday	January 14	SWC	Home	B 6:00 A 7:30
Friday	January 17	Sibley East	Away	C 6:00 B 6:00 A 7:15
Tuesday	January 21	Delano	Away	C 5:30 B 5:30 A 7:00

Thursday	January 23	TCU	Home	C 4:30 B 6:00 A 7:30
Saturday	January 25	Holy Family	Away	B 12:30 A 2:00
Tuesday	January 28	LSH	Away	C 4:30 B 6:00 A 7:30
Friday	January 31	Belle Plaine	Home	C 4:30 B 6:00 A 7:15
Monday	February 3	Medford	Home	C 4:15 B 5:30 A 7:00
Thursday	February 6	NYA	Away	C 6:00 B 6:00 A 7:15
Tuesday	February 11	Mayer Lutheran	Home	C 4:30 B 6:00 A 7:30
Friday	February 14	SWC	Away	B 6:00 A 7:15
Saturday	February 15	HLWW	Home	C 10:30 B 10:30 A 12:00
Monday	February 17	Fairmont	Away	C 6:00 B 6:00 A 7:30
Monday	February 24	Sub-Section Quarterfinals	@ High Seed	A TBD
Friday	February 28	Sub-Section Semifinals	@ New Prague	A TBD
Monday	March 2	Sub-Section Finals	@ MSU	A TBD
Friday	March 6	Section Finals	@ MSU	A TBD
Wednesday	March 11	State Tournament Quarterfinals	@ Williams Arena or Maturi Pavillion	A TBD
Friday	March 13	State Tournament Semifinals	@ Williams Arena	A TBD
Saturday	March 14	State Tournament Championship	@ Williams Arena	A TBD

\*\*C-Team schedule is subject to change. This will depend on if our opponents have a C-Team.